

GET UNSTUCK AND GET MOVING
TOWARD YOUR DREAMS

5 POWERFUL QUESTIONS

— TO —

CHANGE

Your Life

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You have taken a great first step towards creating the life you would like to live.

“5 Powerful Questions To Change Your Life” will assist you to get unstuck in your life and really get moving towards your dreams and desires. You will open the door to so many more choices and possibilities than you have ever allowed yourself to have.

These questions will show you how questions can expand your life and invite more of what you desire to show up.

Enjoy!
Dawn C. Meyer, Founder of Purple Dawn, Inc



Questions create choice and possibilities!

Would you like more choices and possibilities in your life? Maybe even ones that you didn't even realize exist for you?

Questions always empower you. Each question you ask invites more choices and possibilities to show up in your life. That allows your life to expand and grow, giving you more freedom and choice!

Would you like more of that?

When you ask a question it opens the door that allows the Universe to contribute to you – doors to possibilities to things that you thought were gone, or didn't believe were possible or that you perhaps didn't even realize existed.

Ask a question, the Universe is just waiting to gift to you!

Here are a few questions that you can ask when you are faced with decisions, problems, challenges and new situations.



QUESTION #1: *What else is possible?*[®]

Do you believe that you have only 2 or 3 choices? Did you ever see the game show “Let’s Make A Deal” where the host said you could either have what’s behind door number 1, 2 or 3? That was it: three choices.

That may be how you started viewing life.

You believe that you have only the choices behind doors 1, 2 or 3 rather than looking for more or expecting more. You may believe that you can’t ask for more. You don’t believe you can ask the universe what other possibilities exist.

When you ask “What else is possible?” you are asking to be shown the vast array of possibilities that actually exist if you are open to them. The Universe is just waiting for you to ask so those possibilities can start being added to your life.

The long version is “What else is possible here that I have never even considered?” because you probably have never even considered that those other possibilities exist. The short version is **WEIP?**

Ask what else is possible for you and see what starts showing up!



QUESTION #2: *How does it get any better than this?*[®]

This is a great question to ask no matter what is going on in your life.

Ask it when things are not going well and you would like them to improve. When you ask this question you are inviting the Universe to improve the circumstances and bring you something better.

It is also a great question to ask when things are going great because it invites something even better to show up.

When you ask this question, you tell the Universe that you are always open to greater things showing up in your life.



QUESTION #3: What's right about this I'm not getting?

When something doesn't work out quite the way you had planned, what do you do?

Do you immediately start asking what you did wrong, what mistakes you made and went wrong that you can't change?

Maybe you start looking for who or what to blame? Perhaps you just get upset and angry?

Next time, rather than all that, ask, "What's right about this that I am not getting?"

By asking this question, you can let go of your interpretation of the event and your expectations of how it should have turned out. This allows you to become aware of other possibilities.

Maybe it didn't work out because there was something better coming your way. Perhaps you didn't get the car or house you wanted because it actually had problems that you didn't know about.

Perchance you had a flat tire while you were parked to let you know that the tire was bad BEFORE you started driving on it and something worse could have happened.

This question allows you to look from a different perspective.



QUESTION #4: What choices do I have here that I have not considered?

Change is about making different choices than the ones that led you to this point. As Albert Einstein said, the definition of insanity is doing the same thing over and over again and expecting a different result.

To create change, start asking the universe questions like:

- What choices do I actually have available to me that I could be choosing but am not choosing?
- What choices am I actually avoiding making?
- What have I decided I can never change?

These questions invite the universe to send you more choices and more possibilities. It allows new doors to open for you.

What if you could just choose for you? What if you could just make the choices that would lead you to the life you'd like to live? What if you just ask the universe what would be the greatest contribution to you, the planet and the universe?

You will be pleasantly surprised at what shows up when you let go of trying to control and constrain everything and just ask more questions.



QUESTION #5: What's my next step?

How do you actually create the life you'd like to have?

Have you considered that?

Do you worry about making the perfect choice? The right choice? The only choice?

Are you willing to actually ask for the next step? Are you willing to let go of the need to know ALL of the steps necessary and simply start with the next one?

The one-step-at-a-time approach still gets you there and gets you started NOW!

When you are stuck or searching or just wondering what to do, asking for the "next step" gets you moving in the direction of your dreams.

It's a whole new way of living that will bring you more joy and fulfilment.



Once you've asked the question
LISTEN



LISTEN for the Universe to tell you other possibilities that exist beyond what you have always believed. Listen for the whispers of choice and possibility.

Pay attention to the new things that show up with ease. Pay attention to the flow of events and how smoothly pieces fall into place when they are in-line with what would be a contribution to your life.

The questions will generate more possibilities and help dissolve those limitations that you thought you could never overcome!

**That's the start of
creating the life
you would love to live!**

You are now ready to uncover what's holding you back and release it!

Let's have a Discovery Session. I know you are ready to make changes in your life, in your body, in your relationships, but you may not know where to start. You probably don't have time to read another self-help book or listen to another class. It's time to get some clarity on what you need to make those breakthroughs, so you can stop spinning your wheels and stop feeling stressed and overwhelmed.

Let's spend 15 minutes of quality time together to discuss how we might be able to work together and get you moving on your journey. Just click below to schedule a time to chat at your convenience. If you have any questions or comments, please don't hesitate to contact me. After all, that's what I'm here for.

**BOOK WITH
DAWN**

I look forward to speaking to you about how together we can create a life for you that is less stressful, more peaceful and more joyful! I look forward to hearing from you soon!

In gratitude and joy,

Dawn C. Meyer, Life Possibilities Coach and Healer

